



Transformers Omega-3 Gummies

Quest Transformers Omega-3 Gummies are a fun, great-tasting chewable omega-3 fatty acid supplement that provides the essential fatty acids EPA and DHA. Each bottle of Transformers omega-3 gummies contains three exciting colours, three delicious natural flavours, and three amazing characters: Optimus Prime, Bumblebee, and Autobot Shield. Quest continues its tradition of being Mom's partner in family health, and the Transformers Omega-3 Gummies will not only support the child's brain function and normal growth and development, but they can also help create healthy habits that continue through the teen years and into adulthood.

PRODUCT CODE:
338033 (60 Gummies)

HEALTH SOLUTIONS:

RECOMMENDED USE	DOSAGE FORM	RECOMMENDATIONS
A source of EPA and DHA for the maintenance of good health	Gummies	Children 4 years of age and older and Adults: Chew 3 gummies in the morning, 2 with lunch and 2 more with supper, or as directed by a health care practitioner.

DESCRIPTION:

Each fun, great-tasting chewable gummie of Quest Transformers Omega-3 Gummies contains 50 mg of fish oil (tuna, anchovy, sardine), providing 5 mg of Eicosapentaenoic acid (EPA) and 10 mg of Docosahexaenoic acid (DHA).

This product does not contain egg, dairy, gluten, soy or artificial colours, flavours, or preservatives.

Recommended Daily Allowance: Dosage varies, depending on age.

Food Sources: Fatty cold-water fish such as tuna, salmon, mackerel, herring, sardines, and trout.

Causes of Defficiency: Diet deficient in omega-3 fatty acids and excessive in omega-6 fatty acids from vegetable oils.

Symptoms of Defficiency: Fatigue, poor memory, dry skin, heart problems, mood swings, depression, poor circulation.

Complimentary Nutirents: A healthful diet.

HOW IT WORKS:

The omega-3 fatty acids eicosapentaenoic acid (EPA) and docohexaenoic acid (DHA) are essential fatty acids; that is, they must be obtained from the diet or supplements because they are not manufactured in the body. EPA and DHA help reduce inflammatory processes and are important for cognitive and behavioural function. EPA and DHA also protect the cardiovascular system by helping to lower serum cholesterol, decrease serum triglycerides, and reduce blood pressure. These essential fatty acids also ensure the efficient transmission of hormones and other compounds that help regulate mood and support emotional well-being.

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RESEARCH:

Children with attention deficit/hyperactivity disorder (ADHD) may have low levels of certain essential fatty acids, including EPA and DHA. In a clinical study of nearly 100 boys, those with lower levels of omega-3 fatty acids had more learning and behavioural problems than boys with normal levels.

SIDE EFFECTS:

No side effects expected at recommended dosage.

INTERACTIONS AND SAFETY CONSIDERATIONS:

Consult a health care practitioner before use if the child has a bleeding disorder, is taking any medications, or if he or she has any other medical condition.

OTHER CONSIDERATIONS:

Nutritional supplements should always be kept out of reach of children.

LABEL:

DO NOT USE IF SEAL UNDER CAP IS BROKEN. NE PAS UTILISER SI LE SÉAL DE SÉCURITÉ SOUS LE CAPOTON EST BRISÉ.
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Company
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Canada

TRANSFORMERS
Gélibifiés oméga-3

TRANSFORMERS
Omega-3 Gummies

Usage recommandé: Source d'acides gras oméga-3 pour le maintien d'une bonne santé.
Dose recommandée: Enfants âgés de 4 ans et plus et adultes: Mâcher 3 gélifiés le matin, 2 au repas du midi et 2 autres au repas du soir, ou selon l'avis d'un praticien de soins de santé.

Recommended Use: Source of omega-3 fatty acids for the maintenance of good health.
Recommended Dose: Children 4 years of age and older and Adults: Chew 3 gummies in the morning, 2 with lunch and 2 more with supper, or as directed by a health care practitioner.

Ingédients médicinaux:
Chaque gélifié contient:
Huile de poisson (thon, anchois, sardine) 50 mg fourmeant.
Acide eicosapentaénoïque (AEP) ... 5 mg
Acide docosahexaénoïque (ADH) ... 10 mg

Medicinal Ingredients:
Each gummie contains:
Fish oil (tuna, anchovy, sardine) ... 50 mg providing:
Eicosapentaenoic acid (EPA) ... 5 mg
Docosahexaenoic acid (DHA) ... 10 mg

Non-medicinal ingredients: Corn syrup, gelatin, citric acid, natural flavours (orange, peach, strawberry, banana, green apple), natural colours (annatto, black carrot), vegetable oil, sugar, water, carnauba.

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Ce produit ne contient pas d'ingrédients laitiers, oeuf, gluten, ou soya.
This product does not contain dairy, egg, gluten or soy.

60 gélifiés Pour le maintien d'une bonne santé
60 gummies For the maintenance of good health

QUEST

QUEST

Sans colorants, arômes ou agents de conservation artificiels
No artificial colours, flavours or preservatives

RANGER DANS UN ENDROIT SEC ET FRAIS. TENIR HORS DE PORTÉE DES ENFANTS.
STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

NPN 80023090

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