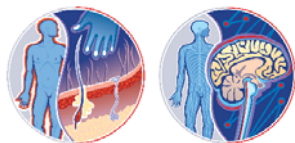




Triple Fish Oil 1000 mg

Quest Triple Fish Oil 1000 mg is a high-quality blend of carefully selected concentrated fish oils that provide an excellent source of omega-3 fatty acids. These essential fatty acids, EPA and DHA, offer several cardiovascular benefits, including balancing cholesterol, decreasing triglycerides, and reducing blood pressure. EPA and DHA also prevent blood clotting and reduce inflammation, protecting against heart attacks and strokes. These essential fatty acids also have been shown to reduce joint swelling, decrease morning stiffness, and greatly reduce pain.



PRODUCT CODES: 338416 (60 softgels)
338494 (120 softgels)

HEALTH SOLUTIONS:

RECOMMENDED USE	DOSAGE FORM	RECOMMENDATIONS
Helps maintain healthy heart and brain function.	Softgels	Adults take 2 softgels daily or as directed by a health care practitioner.

DESCRIPTION:

Each soft gel capsule of Quest Triple Fish Oil 1000 mg contains 1,000 mg of triple fish oil (anchovy, salmon, sardine), providing 180 mg (18%) of EPA (eicosapentaenoic acid) and 120 mg (12%) of DHA (docosahexaenoic acid). This product contains no artificial preservatives, colours, or flavours, or corn, dairy, egg, gluten, shellfish, soy or sulfites. This product has been tested and meets international standards for levels of arsenic, cadmium, lead, mercury, pesticides and solvent residues.

Recommended Daily Allowance: Dosage varies, depending on age.

Food Sources: Fatty cold-water fish.

Causes of Deficiency: Diet deficient in omega-3 fatty acids and an excess of omega-6 fatty acids.

Symptoms of Deficiency: High cholesterol, high blood pressure, cardiovascular disease, inflammation, joint pain.

Complementary Nutrients: A healthy diet.

HOW IT WORKS:

The omega-3 fatty acids EPA and DHA are essential fatty acids; that is, they must be obtained from the diet because they are not manufactured in the body. Omega-3 fatty acids protect the cardiovascular system by helping to lower "bad" LDL cholesterol and raise "good" HDL cholesterol, decrease serum triglycerides, and reduce blood pressure. In addition, they prevent blood platelets from clotting and sticking to artery walls, thereby allowing blood to flow smoothly through the vessels. EPA and DHA also help to reduce the inflammation and pain of swollen joints.



DID YOU KNOW...

It has been estimated that the ratio of omega-6 to omega-3 fatty acids in the diet of early humans was 1:1, but the ratio in the typical Western diet is now almost 10:1 because of increased use of vegetable oils rich in omega-6 fatty acids and declining fish consumption.

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RESEARCH:

The results of randomized controlled trials in individuals with documented coronary heart disease (CHD) suggest a beneficial effect of dietary and supplemental omega-3 fatty acids. In a large randomized controlled trial of supplemental omega-3 fatty acids, CHD patients who received supplements providing 850 mg/day of EPA plus DHA for 3.5 years had a risk of sudden death that was 45% lower than those who did not take supplements, and a risk of death from all causes that was 20% lower. Interestingly, it took only 3 months of supplementation to demonstrate a significant decrease in total mortality, and 4 months to demonstrate a significant decrease in sudden death.

SIDE EFFECTS:

No side effects expected at recommended dosage. High doses of fish oil may cause belching, flatulence, nausea, bloating, and diarrhea.






INTERACTIONS AND SAFETY CONSIDERATIONS:

Consult a health care practitioner before use if you have uncontrolled hypertension, a bleeding disorder, are taking any anticoagulant medications (including aspirin), or if you have any other medical condition.

OTHER CONSIDERATIONS:

Consult a health care practitioner before use if you are pregnant or breastfeeding. Keep out of reach of children.

LABEL:

 <p>OMÉGAS</p> <p>Huile de Trois Poisson 1000 mg</p> <p>NPN 80000815</p> <p>Aide au maintien d'un cœur en santé et des fonctions cérébrales saines</p> <p>60 gélules</p> <p>Sans colorants, arômes ou agents de conservation artificiels</p> 	<p>Usage recommandé : Aide au maintien d'un cœur en santé et des fonctions cérébrales saines. Dose recommandée (adultes) : Prendre 2 gélules par jour.</p> <p>Ingédients médicinaux : Chaque gélule contient : Huile de poisson (anchois, saumon, sardine)..... 1000 mg fournissant : Acide eicosapentaénoïque (AEP) 18% Acide docosahexaénoïque (ADH)..... 12% Ingédients non médicinaux : vitamine E, gélatine, glycérine.</p> <p>Ce produit ne contient pas de maïs, ingrédients laitiers, œuf, gluten, crustacés, soya ou sulfites.</p> <p>Ce produit a été soumis à des essais de qualité et est conforme aux normes internationales sur le dépistage d'arsenic, de cadmium, de plomb, de mercure, et de résidus de pesticides et de solvants.</p> <p>RANGER DANS UN ENDROIT SEC ET FRAIS. TENIR HORS DE PORTÉE DES ENFANTS.</p>	 <p>OMEGA</p> <p>Triple Fish Oil 1000 mg</p> <p>NPN 80000815</p> <p>Helps maintain healthy heart and brain function</p> <p>60 softgels</p> <p>No artificial colours, flavours or preservatives</p> 	<p>DO NOT USE IF SEAL UNDER CAP IS BROKEN. NE PAS UTILISER SI LE SCAU DE SÉCURITÉ SOUS LE CAPUCHON EST BRISÉ.</p> <p>www.ourlifeforall.com 1-877-929-2848</p> <p>SunOpta Inc. & Commerce Crescent Acton, ON L7J 2K3</p> <p>A Proud Canadian Company Une compagnie canadienne fière de l'être.</p>  <p>UPPC CODE TO BE: 0 5837 121201 2</p> <p>3384161045</p>
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