



SAM-e

Quest SAM-e (S-adenosyl-L-methionine) is a high-quality nutritional supplement that supports emotional health through its role in the manufacture of neurotransmitters that control relaxation and happiness, joint care through its role in the building of cartilage, and liver function through its role in detoxification.



PRODUCT CODE: 338595

HEALTH SOLUTIONS:

| RECOMMENDED USE | DOSAGE FORM | RECOMMENDATIONS |
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| Supports emotional health, joint care, and liver function. | Tablets | Adults take 2 to 8 tablets daily for emotional health. Adults take 1 tablet three times daily for joint care. Adults take 6 to 8 tablets daily for liver function. Must be taken for a minimum of two weeks. |

DESCRIPTION:

Each enteric-coated tablet of Quest SAM-e contains 200 mg of SAM-e Isoactive™ (S-adenosyl-L-methionine disulfate tosylate). This product does not contain corn, dairy, egg, gluten, shellfish, soy, sulphites, or wheat.

Recommended Daily Allowance: N/A

Food Sources: N/A

Causes of Deficiency: Deficiency of methionine, vitamin B12, or folic acid; aging.

Symptoms of Deficiency: Osteoarthritis, depression, liver disorders.

Complementary Nutrients: A healthful diet, B-complex vitamins.

HOW IT WORKS:

SAM-e is formed in the body by the combination of the essential amino acid methionine and the energy molecule ATP (adenosine triphosphate). SAM-e is a necessary ingredient in the production of the neurotransmitters serotonin, dopamine, and phosphatidylserine, which help to relieve depression. SAM-e also helps increase the production of proteoglycans, which are the major building material for cartilage, thus helping to increase the strength and integrity of cartilage in the joints. As a major methyl donor in the liver and its lipotropic activity, SAM-e has a positive effect on the liver, both in the treatment of diseases such as cirrhosis, and in daily functions such as detoxification, recycling hormones, and enzyme production.



DID YOU KNOW...

SAM-e has been shown to have positive effects on the liver, both in the treatment of diseases such as cirrhosis, and in daily functions such as detoxification, recycling hormones, and enzyme production.

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RESEARCH:

Clinical studies show that supplementation of SAM-e for only 4 weeks significantly reduced pain and stiffness in arthritic joints and increased range of motion. SAM-e has also been clinically shown to decrease the number of muscle trigger points, decrease the pain in muscles, and improve sleep and mood in fibromyalgia patients.

SIDE EFFECTS:

Some sensitive individuals may experience occasional upset stomach; if this occurs, take with a meal. Do not take at night since the product may cause anxiety, restlessness, and insomnia.

INTERACTIONS AND SAFETY CONSIDERATIONS:

Avoid use if you are pregnant, breastfeeding, or if you have a bi-polar disorder. Consult a health care practitioner before use if you are taking medication.

OTHER CONSIDERATIONS:

Keep out of reach of children.

LABEL:

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|  <p>QUEST MIEUX-ÊTRE SAM-e 200 mg</p> <p>NPN 80001417</p> <p>30 comprimés gastro-résistants</p> <p>Soutient la santé émotionnelle</p> <p>Sans arômes ou agents de conservation artificiels</p> <p>QUALITÉ ASSURÉE</p> | <p>Usage recommandé: Favorise la santé émotionnelle, le soin des articulations et la fonction hépatique.</p> <p>Dose recommandée (adultes): Santé émotionnelle: Prendre 2 à 8 comprimés par jour. Soins des articulations: Prendre 1 comprimé trois fois par jour. Fonction hépatique: Prendre 6 à 8 comprimés par jour. Doit être pris pendant au moins deux semaines.</p> <p>Ingredient médicamenteux: Chaque comprimé contient: SAM-e Isoactive™ (disulfate tosylate de S-adenosyl-L-méthionine)..... 200 mg</p> <p>Ingredients non médicinaux: cellulose, mannitol, glycolate d'amidon sodique, silice, béhénate de glycérol, stéarate de magnésium, copolymère d'acide méthacrylique, palmitostéarate de glycérol, triglycérides à chaîne moyenne, dioxyde de titane, talc, citrate de triéthyle, tartrazine.</p> <p>Information sur les risques: À éviter si vous êtes enceinte ou allaitante, ou si vous souffrez du trouble bipolaire. Consulter un praticien de soins de santé si vous prenez des médicaments. Ne pas prendre le soir car ce produit pourrait causer de l'anxiété, de l'agitation et de l'insomnie. Peut causer de légères nausées.</p> <p>Ce produit ne contient pas de maïs, ingrédients laitiers, œuf, gluten, crustacés, soja ou sulfites.</p> <p>RANGER DANS UN ENDOIT SEC ET FRAIS. TENIR HORS DE PORTÉE DES ENFANTS.</p> |  <p>QUEST WELLNESS SAM-e 200 mg</p> <p>NPN 80001417</p> <p>30 antierc-coated tablets</p> <p>Supports Emotional Health</p> <p>No artificial flavours or preservatives</p> <p>QUALITY ASSURED</p> | <p>DO NOT USE IF SEAL UNDER CAP IS BROKEN. NE PAS UTILISER SI LE SCEAU DE SÉCURITÉ SOUS LE CAPSULET EST BRISÉ.</p> <p>www.questvitamins.com 1-877-929-2548</p> <p>SunOpta Inc. & Commerce Crescent Acton, ON L7J 2K3</p> <p>A Proud Canadian Company Une compagnie canadienne fière de l'être.</p> <p>UPC CODE: TO BE 0 88571 22005 1</p> <p>0 00000 000000 0</p> <p>338956 01 403</p> |
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