



MSM/GLS™

Quest MSM/GLS combines two nutrients, MSM (methylsulfonylmethane) and GLS (glucosamine sulfate), that have been shown to relieve joint pain and contribute to the health of joint tissue. This high-quality supplement offers natural and safe support for individuals with degenerative joint conditions such as osteoarthritis. This support can be used on its own or as a complement to conventional medical therapy.



PRODUCT CODE: 338436

HEALTH SOLUTIONS:

RECOMMENDED USE	DOSAGE FORM	RECOMMENDATIONS
Helps to relieve osteoarthritic pain and protect against the deterioration of cartilage from chronic joint diseases. A factor in the building of healthy cartilage.	Tablets	Adults take 1 tablet three times daily with food. Use for a minimum of four weeks to see beneficial effects.

DESCRIPTION:

Each tablet of Quest MSM/GLS contains 500 mg of Lignisul™ brand MSM (methylsulfonylmethane) and 500 mg of glucosamine sulfate from (crab and shrimp exoskeletons stabilized with potassium chloride). This product contains no artificial preservatives, colours, or flavours, or corn, dairy, egg, gluten, soy or sulfites.

Recommended Daily Allowance: MSM & GLS: N/A

Food Sources: MSM: Fruits, vegetables, grains, eggs, meat, poultry, fish. GLS: N/A

Causes of Deficiency: MSM: Diet of processed food, depleted agricultural soil. GLS: Wear and tear of joints.

Symptoms of Deficiency: MSM: Joint pain. GLS: Osteoarthritis (pain, deformity, and limitation of motion of the joints).

Complementary Nutrients: MSM & GLS: A healthy diet.

HOW IT WORKS:

MSM and GLS work synergistically in the relief of joint inflammation and pain.

MSM: MSM (methylsulfonylmethane) is an organic sulfur-containing compound that occurs naturally in a variety of foods and in the human body. A metabolite of dimethyl sulfoxide (DMSO), MSM is easily assimilated by the body, and it is believed that it works by increasing cell permeability, thus allowing more nutrients to enter the cells, and more toxins to be excreted from the cells. This process enhances blood circulation and the structure, growth, repair, and healing of cell tissue, making MSM effective as a natural anti-inflammatory to reduce joint pain and stiffness.

GLS: Glucosamine sulfate (GLS) is a naturally occurring substance found in all tissues of the body. In joints, GLS stimulates the manufacture of glycosaminoglycans, which are key structural components of cartilage. In addition, GLS stimulates joint repair when joints are damaged by wear-and-tear conditions such as osteoarthritis.



DID YOU KNOW...

Osteoarthritis is the result of the breakdown of cartilage, and it can involve any joint in the body, but usually the hands and weight-bearing joints such as the hips, knees, feet, and spine.

MSM/GLS™

RESEARCH:

MSM: Many years of clinical use at Oregon Health Sciences University has demonstrated that MSM provides pain relief and anti-inflammatory benefits without serious side effects. **GLS:** Clinical research has confirmed the effectiveness of glucosamine sulfate (GLS) in humans. In one placebo-controlled study, participants using GLS had significant alleviation of symptoms with no adverse reactions. A comparative study with non-steroidal anti-inflammatory drugs (NSAIDs) found GLS to be as effective as NSAIDs in reducing pain. In addition, GLS was far better tolerated, with none of the side effects associated with the NSAIDs. In another double-blind placebo-controlled study, long-term use of GLS was found to reduce pain more effectively than ibuprofen.

SIDE EFFECTS:

Glucosamine sulfate may cause gastric discomfort in sensitive individuals. Those persons should consume this product during a meal, beginning with small doses and increasing to the recommended dosage gradually. High doses of MSM may cause mild gastrointestinal bloating, constipation, or indigestion.

INTERACTIONS AND SAFETY CONSIDERATIONS:

As glucosamine is derived from chitin, the exoskeleton of crabs, those who are allergic to shellfish should be cautious.

OTHER CONSIDERATIONS:

Consult a health care practitioner before use if you are pregnant or breastfeeding. Keep out of reach of children.

LABEL:

QUEST
DÉVELOPPEMENT

Glucosamine plus MSM
1 000 mg

NPN 80001243

Aide à soulager les douleurs articulaires associées à l'arthrose

90 comprimés

Sans colorants, arômes ou agents de conservation artificiels

INGRÉDIENTS MÉDICINAUX :
Chaque comprimé contient :
Sulfate de glucosamine (exosquelettes de crustacés) 500 mg
Lignisul® MSM (methylsulfonylméthane) 500 mg

INGRÉDIENTS NON MÉDICINAUX : cellulose microcristalline, phosphate dicalcique, croscarmellose sodique, stéarate de magnésium, acide stéarique, cellulose, glycérine.

Information sur les risques : Ne pas utiliser si vous êtes allergique aux crustacés. Consulter un praticien de soins de santé avant l'usage si vous êtes enceinte ou allaitante. Consulter un praticien de soins de santé si les symptômes s'aggravent.

Ce produit ne contient aucun maïs, ingrédients laitiers, œuf, gluten, crustacés, soja, sulfites ou blé.

RANGER DANS UN ENDROIT SEC ET FRAIS. TENIR HORS DE LA PORTÉE DES ENFANTS.

Recommended Use: Helps to relieve osteoarthritic pain and protect against the deterioration of cartilage from chronic joint diseases. A factor in the building of healthy cartilage.

Recommended Dose (Adults): Take 1 tablet three times daily with food. Use for a minimum of four weeks to see beneficial effects.

Medicinal Ingredients:
Each tablet contains:
Glucosamine sulfate (shellfish exoskeletons) 500 mg
Lignisul® MSM (methylsulfonyl-methane) 500 mg

Non-medical ingredients: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, magnesium stearate, stearic acid, cellulose, glycerin.

Risk Information: Do not use if allergic to shellfish. Consult a health care practitioner prior to use if you are pregnant or breastfeeding. Consult a health care practitioner if symptoms persist.

This product does not contain corn, dairy, egg, gluten, shellfish, soy, sulfites or wheat.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

QUEST
DEVELOPMENT

Glucosamine plus MSM
1000 mg

NPN 80001243

Helps relieve joint pain associated with osteoarthritis

90 tablets

No artificial colours, flavours or preservatives

DO NOT USE IF SEAL UNDER CAP IS BROKEN. NE PAS UTILISER SI LE SCEAU DE SÉCURITÉ SOUS LE CAPSOTON EST BRISÉ.

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