



# Glucosamine Shellfish Free

*Quest Glucosamine Shellfish Free is safe for those with shellfish allergies and suitable for vegetarians. Derived from corn, this new, premium-quality shellfish-free glucosamine is manufactured using no solvents or chemicals that could reduce its effectiveness. Glucosamine offers a natural, safe, and scientifically validated support for individuals who suffer from the effects of aging joints. This support can be used on its own or as a complement to conventional medical therapy.*



PRODUCT CODE: 338635

## HEALTH SOLUTIONS:

RECOMMENDED USE	DOSAGE FORM	RECOMMENDATIONS
Helps to relieve osteoarthritic and joint pain. Protects against the deterioration of cartilage from chronic joint diseases. A factor in the building of healthy cartilage.	Tablets	Adults take 1 tablet twice daily with a meal. Use for a minimum of two months to see beneficial effects.

## DESCRIPTION:

Each tablet of Glucosamine Shellfish Free contains 750 mg of Glucosamine hydrochloride from *Aspergillus niger*. This product contains no artificial preservatives, colours, or flavours, or dairy, egg, gluten, shellfish, soy, sulfites, or animal derivatives.

**Recommended Daily Allowance:** N/A

**Food Sources:** N/A

**Causes of Deficiency:** Wear and tear of joints.

**Symptoms of Deficiency:** Osteoarthritis (pain, deformity, and limitation of motion of the joints).

**Complementary Nutrients:** A healthy diet.

## HOW IT WORKS:

Glucosamine is a naturally occurring substance found in all tissues of the body. In joints, glucosamine stimulates the manufacture of glycosaminoglycans, which are key structural components of cartilage; in addition, glucosamine stimulates joint repair when joints are damaged by wear-and-tear conditions such as osteoarthritis.



## DID YOU KNOW...

*Osteoarthritis is the result of the breakdown of cartilage, and it can involve any joint in the body, but usually the hands and weight-bearing joints such as the hips, knees, feet, and spine.*

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**RESEARCH:**

Clinical research has confirmed the effectiveness of glucosamine sulfate (GLS) in humans. In one placebo-controlled study, participants using GLS had significant alleviation of symptoms with no adverse reactions. A comparative study with non-steroidal anti-inflammatory drugs (NSAIDs) found GLS to be as effective as NSAIDs in reducing pain. In addition, GLS was far better tolerated, with none of the side effects associated with the NSAIDs. In another double-blind placebo-controlled study, long-term use of GLS was found to reduce pain more effectively than ibuprofen.

**SIDE EFFECTS:**

Glucosamine may cause gastric discomfort in sensitive individuals. Those persons should consume this product during a meal, beginning with small doses and increasing to the recommended dosage gradually.







**INTERACTIONS AND SAFETY CONSIDERATIONS:**

This product is safe for those who are allergic to shellfish.

**OTHER CONSIDERATIONS:**

Consult a health care practitioner before use if you are pregnant or breastfeeding. Keep out of reach of children.

**LABEL:**

 <p><b>DÉVELOPPEMENT</b></p> <p><b>Glucosamine sans crustacés</b> 750 mg</p> <p><i>végétarien à 100 %</i></p> <p>NPN 80001546</p> <p>Aide à soulager les douleurs articulaires associées à l'arthrose</p> <p><b>120</b> comprimés</p> <p>Sans colorants, arômes ou agents de conservation artificiels</p> 	<p><b>Usage recommandé :</b> Aide à soulager la douleur articulaire et celle due à l'arthrose. Protège contre la détérioration du cartilage due aux maladies articulaires chroniques. Un facteur dans la formation d'un cartilage sain.</p> <p><b>Dose recommandée (adultes) :</b> Prendre 1 comprimé, deux fois par jour, accompagné d'un repas. Utiliser pendant au moins deux mois pour constater des effets bénéfiques.</p> <p><b>Ingédients médicinaux :</b> Chaque comprimé contient : Chlorhydrate de glucosamine provenant de <i>Aspergillus niger</i>, 750 mg</p> <p><b>Ingédients non médicinaux :</b> cellulose microcristalline, stéarate de magnésium, dioxyde de silicium, croscarmellose sodique, cellulose, glycérine.</p> <p><b>Information sur les risques :</b> Ne pas utiliser si vous êtes enceinte ou allaitante. Consulter un praticien de soins de santé si les symptômes persistent.</p> <p><b>Ce produit ne contient aucun ingrédient laitier, œuf, gluten, crustacés, soja, sulfites, blé ou dérivés d'origine animale.</b></p> <p>RANGER DANS UN ENDROIT SEC ET FRAIS. TENIR HORS DE LA PORTÉE DES ENFANTS.</p>	 <p><b>DEVELOPMENT</b></p> <p><b>Shellfish-Free Glucosamine</b> 750 mg</p> <p><i>100% vegetarian</i></p> <p>NPN 80001546</p> <p>Helps relieve joint pain associated with osteoarthritis</p> <p><b>120</b> tablets</p> <p>No artificial colours, flavours or preservatives</p> 	<p>DO NOT USE IF SEAL UNDER CAP IS BROKEN. NE PAS UTILISER SI LE SÉAL DE SÉCURITÉ SOUS LE CAPUCHON EST BRISÉ.</p> <p>www.questvitamins.com 1-877-929-2548</p>  <p>SunOpta Inc. 6 Commerce Crescent Aston, ON L3J 2Z3</p> <p>A Proud Canadian Company Une compagnie canadienne fière de l'être.</p>  <p>UPC CODE TO BE USED: 88371 22020 6</p> <p>F.P.O. - 80%</p> <p>0 100000 00000 10</p> <p>138635 0104</p>
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