



Ginkgo Biloba Extract

Quest Ginkgo Biloba Extract 60 mg plus citrus bioflavonoids is a high-quality herbal formula that helps enhance memory and cognitive function and support peripheral circulation.



PRODUCT CODE: 338450

HEALTH SOLUTIONS:

RECOMMENDED USE	DOSAGE FORM	RECOMMENDATIONS
Helps enhance memory and cognitive function in an aging population. Helps support peripheral circulation.	Tablets	Adults take 1 tablet twice daily. For use beyond six weeks, consult a health care practitioner.

DESCRIPTION:

Each tablet of Quest Ginkgo Biloba Extract contains 60 mg of ginkgo biloba extract 50:1 (equivalent to 3000 mg raw herb, standardized to 24% flavone glycosides) and 200 mg of citrus bioflavonoids rinds (from *Citrus* spp., providing 50 mg of hesperidin). This product does not contain corn, dairy, egg, gluten, shellfish, soy, sulphites, or animal derivatives.

Recommended Daily Allowance: N/A

Food Sources: N/A

Causes of Deficiency: *Aging.*

Symptoms of Deficiency: Memory problems, circulatory disorders.

Complementary Nutrients: A healthful diet.

HOW IT WORKS:

Ginkgo biloba has been used in traditional medicine to treat circulatory disorders and enhance memory for centuries. Laboratory studies have shown that ginkgo improves blood circulation by dilating blood vessels and reducing the stickiness of blood platelets. The active constituents thought to be responsible for ginkgo's medicinal effect are flavonoids and terpenoids, chemicals that have potent antioxidant properties. Antioxidants scavenge free radicals, which are believed to contribute to heart disease as well as Alzheimer's disease and other forms of dementia. The added citrus bioflavonoids in this formula provide additional antioxidant power to help reduce damaging free radicals.



DID YOU KNOW...

Often called a "living fossil," the beautiful ginkgo tree is the last survivor of its botanical family, and it is the oldest living species of tree known to humankind. Individual trees may live as long as 1,000 years.

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RESEARCH:

Ginkgo biloba is one of the most studied and commonly used herbs in North America and Europe. Hundreds of studies document its effectiveness for improving blood flow to the brain and limbs, and for protecting cells from free radical damage. A French study reported in the *Journal of Gerontology* in 2006 showed that long-term treatment with an extract of *Ginkgo biloba* could enable cognitive performance to be maintained for longer, and the researchers concluded that the development of Alzheimer's disease could be prevented or at least delayed.

SIDE EFFECTS:

No side effects expected at recommended dosage.

INTERACTIONS AND SAFETY CONSIDERATIONS:

Do not take if you are taking health products that affect blood coagulation (e.g., blood thinners, clotting factor replacements, acetylsalicylic acid, ibuprofen, fish oils, vitamin E), as this may increase the risk of spontaneous bleeding. Consult a health care practitioner before use if taking medications for diabetes, high blood pressure, or seizures.

OTHER CONSIDERATIONS:

Consult a health care practitioner before use if you are pregnant or breastfeeding. Keep out of reach of children.

LABEL:

		<p>Usage recommandé: Aide à améliorer la mémoire et les fonctions cognitives chez une population vieillissante. Aide à contribuer au maintien de la circulation périphérique.</p> <p>Dose recommandée (adultes): Prendre 1 comprimé, deux fois par jour. Pour un usage de plus de six semaines, consulter un praticien de soins de santé.</p>	<p>Recommended Use: Helps to enhance memory and cognitive function in an aging population. Helps to support peripheral circulation.</p> <p>Recommended Dose (Adults): Take 1 tablet twice daily. For use beyond six weeks, consult a health care practitioner.</p>			<p>DO NOT USE IF SEAL UNDER CAP IS BROKEN. NE PAS UTILISER SI LE SCAU DE SÉCURITÉ SOUS LE CAPUCHON EST BRISÉ.</p> <p>www.questvitamins.com 1-877-929-2548</p> <p> SunOpta Inc. 8 Commerce Crescent Acton, ON L7J 2K3</p> <p> A Proud Canadian Company Une compagnie canadienne fière de l'être.</p> <p>3384501-03</p>
<p>LONGÉVITÉ</p> <p>Extrait de Ginkgo Biloba 60 mg plus zeste de bioflavonoïdes d'agrumes</p> <p>NPN 80006847</p>		<p>Ingredients médicinaux: Chaque comprimé contient: Extrait de feuille de Ginkgo biloba à 50:1 (équivalent à 3 000 mg de plante fraîche, normalisée à 24 % de flavonoïdes flavoniques de ginkgo).....60 mg Zeste de bioflavonoïdes d'agrumes provenant de Citrus spp. fumés (50 mg d'hespéridine).....200 mg</p> <p>Ingredients non médicinaux: cellulose microcristalline, phosphore-dicalcique, croscarmellose sodique, dioxyde de silicium, stéarate de magnésium, acide stéarique, cellulose, glycérine.</p> <p>Information sur les risques: Ne pas utiliser si vous prenez des produits de santé pouvant avoir un effet sur la coagulation sanguine (par ex., des agents anticoagulants, un traitement substitutif avec facteurs de coagulation, de l'aspirine, de l'ibuprofène, de l'huile de poisson, de la vitamine E) car ces produits peuvent augmenter le risque de saignements spontanés. Consultez un praticien de soins de santé avant d'en faire l'usage si vous êtes enceinte ou allaitante, ou si vous prenez des médicaments contre le diabète, l'hypertension artérielle ou les crises épileptiques.</p> <p>De produit ne contient aucun maïs, ingrédients laitiers, œufs, gluten, crustacés, soja, sulfites ou dérivés d'origine animale.</p> <p>RENSEIGNEMENTS IMPORTANTS: RANGER DANS UN ENDROIT SEC ET FRAIS. TENIR HORS DE LA PORTÉE DES ENFANTS.</p>	<p>Medicinal Ingredients: Each tablet contains: Ginkgo biloba leaf extract 50:1 (equivalent to 3000 mg raw herb, standardized to 24% ginkgo flavone glycosides).....60 mg Citrus bioflavonoids rinsed from Citrus spp. providing 50 mg of hesperidin.....200 mg</p> <p>Non-medicinal Ingredients: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, silicon dioxide, magnesium stearate, stearic acid, cellulose, glycerin.</p> <p>Risk Information: Do not use if taking health products that affect blood coagulation (e.g., blood thinners, clotting factor replacements, aspirin, ibuprofen, fish oils, Vitamin E) as this may increase the risk of spontaneous bleeding. Consult a health care practitioner prior to use if pregnant, breastfeeding or taking medications for diabetes, high blood pressure, or seizures.</p> <p>This product does not contain corn, dairy, egg, gluten, shellfish, soy, sulfites or animal derivatives.</p> <p>STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.</p>	<p>LONGEVITY</p> <p>Ginkgo Biloba Extract 60 mg plus citrus bioflavonoids</p> <p>NPN 80006847</p>		<p>30 comprimés</p> <p>Aide à améliorer la mémoire et les fonctions cognitives</p> <p>Sans colorants, arômes ou agents de conservation artificiels</p> <p>30 tablets</p> <p>Helps to enhance memory & cognitive function</p> <p>No artificial colours, flavours or preservatives</p>
				<p>F.P.O. - 80% UPC CODE TO BE: 0 88371 21794 7</p>		