



D-Mannose with Cranberry

Quest D-Mannose 500 mg is a naturally occurring simple sugar that can help to prevent and treat recurrent urinary tract infections (UTIs). This exclusive formula is recommended for people who experience frequent UTIs as an effective alternative to antibiotic treatment that won't disrupt normal intestinal microflora.



PRODUCT CODE: 338184

HEALTH SOLUTIONS:

RECOMMENDED USE	DOSAGE FORM	RECOMMENDATIONS
Helps to prevent recurrent urinary tract infections.	Vegetarian Capsules	Adults take 2 capsules daily. Use for a minimum of four weeks to see beneficial effects.

DESCRIPTION:

Each easy-to-swallow capsule of Quest D-Mannose contains 300 mg of D-Mannose (from Beech wood [*Fagus grandifolia*] and Birch wood [*Betula pendula*]) and 200 mg Cranberry (*Vaccinium macrocarpon*) dried fruit juice. This product contains no artificial preservatives, colours, or flavours, corn, dairy, egg, gluten, shellfish, soy, sulfites or animal derivatives.

Recommended Daily Allowance: N/A

Food Sources: N/A

Causes of Deficiency: *E. coli* bacteria.

Symptoms of Deficiency: Urinary tract infections.

Complementary Nutrients: Adequate intake of water.

HOW IT WORKS:

D-mannose is a naturally occurring simple sugar that has a structure similar to that of glucose. Only a small amount of D-mannose can be metabolized; any excess is excreted from the body via urine. *Escherichia coli*, the most common UTI-causing bacteria, produces chemicals that enable the organism to cling to epithelial cells where they proliferate and cause infection. When taken in large quantities, excess D-mannose that spills into the urine adheres to any *E. coli* that is present in the urinary tract, dislodging the bacteria from the cells that line the urinary tract walls and excreting them with normal urination.



DID YOU KNOW...

Because the body metabolizes only small amounts of D-mannose and excretes the rest in the urine, it doesn't interfere with blood-sugar regulation, even in diabetics.

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RESEARCH:

Studies suggest that D-mannose is 10 times more effective than cranberries in dislodging *E. coli* bacteria from the urinary tract and bladder walls, and, as such, can ameliorate more than 90% of UTIs in 24 to 48 hours.

SIDE EFFECTS:

No side effects expected at recommended dosage.








INTERACTIONS AND SAFETY CONSIDERATIONS:

None known.

OTHER CONSIDERATIONS:

Consult a health care practitioner if you are pregnant or breastfeeding. Keep out of reach of children.

LABEL:

 <p>PRÉVENTION</p> <p>D-mannose avec canneberge</p>  <p>60 capsules végétales</p> <p>Aide à prévenir les infections récurrentes des voies urinaires</p> <p>Sans colorants, arômes ou agents de conservation artificiels</p> 	<p>Usage recommandé: Aide à prévenir les infections récurrentes des voies urinaires. Dose recommandée (adultes): Prendre 2 capsules par jour. Utiliser pendant au moins quatre semaines afin de pouvoir constater les effets bénéfiques.</p> <p>Ingrédients médicinaux: Chaque capsule contient: D-mannose (provenant du bouleau [<i>Fagus grandifolia</i>] et du hêtre [<i>Betula pendula</i>])..... 300 mg Canneberge (<i>Vaccinium macrocarpon</i>) jus de fruit déshydraté..... 200 mg</p> <p>Ingrédients non médicinaux: cellulose, stéarate de magnésium, dioxyde de silicium, phosphate tricalcique, hypromellose.</p> <p>Information sur les risques: Consulter un praticien de soins de santé avant d'en faire l'usage si vous êtes enceintes ou allaitent, si vous prenez des anticoagulants ou si vous avez déjà souffert de calculs rénaux. Consulter un praticien de soins de santé si les symptômes persistent ou s'aggravent. Ce produit ne contient pas de maïs, ingrédients laitiers, œuf, gluten, crustacés, soja, sulfites ou dérivés d'origine animale.</p> <p>RANGER DANS UN ENDROIT SEC ET FRAIS. TENIR HORS DE PORTÉE DES ENFANTS.</p>	 <p>PREVENTATIVE</p> <p>D-Mannose with Cranberry</p>  <p>60 vegetable capsules</p> <p>Helps prevent recurrent urinary tract infections</p> <p>No artificial colours, flavours or preservatives</p> 	<p>DO NOT USE IF SEAL UNDER CAP IS BROKEN. NE PAS UTILISER SI LE SCEAU DE SÉCURITÉ SOUS LE CAPUCHON EST BRISÉ.</p> <p>www.questvitamins.com 1-877-929-2548</p> <p>SunOpta Inc. 6 Commerce Crescent Acton, ON L7J 2K3</p> <p>A Proud Canadian Company Une compagnie canadienne fière de l'être.</p>  <p>F.P.O. - 80%</p> <p>UPC CODE: 7 58271 27488 7</p> <p>33818840-1-04</p>
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