



Amino Complex

Quest Amino Complex is a superior formula of amino acids, providing both essential and non-essential amino acids in a highly bioavailable form. Amino acids are the building blocks of protein, and protein is essential for growth, maintenance, and repair of all body tissues, and they are vital to the formation of hormones, enzymes, and antibodies. This supplement is ideal for athletes and others who require preformed amino acids to support healthy tissue growth and repair.

PRODUCT CODE: 338441

HEALTH SOLUTIONS:

RECOMMENDED USE	DOSAGE FORM	RECOMMENDATIONS
A source of essential amino acids for the maintenance of good health in those who require preformed amino acids.	Capsules	Adults take 2 capsules daily.

DESCRIPTION:

Each capsule of Quest Amino Complex contains 500 mg of hydrolyzed casein amino acid, including all eight essential amino acids and ten non-essential amino acids. * This product contains no artificial preservatives, colours, flavours, or corn, egg, gluten, shellfish, soy or sulfites.

*L-glutamic acid 100 mg	L-proline 50.5 mg	L-leucine 41 mg	L-lysine 36.5 mg	L-valine 32 mg
L-aspartic acid 31.5 mg	L-serine 28 mg	L-tyrosine 28 mg	L-isoleucine 27 mg	L-phenylalanine 22 mg
L-threonine 21.5 mg	L-arginine 18 mg	L-histidine 13.5 mg	L-alanine 13 mg	L-methionine 12.5 mg
L-Glycine 12 mg	L-cystine 1.5 mg			

Recommended Daily Allowance: Varies, depending on age, stress, health.

Food Sources: Meat, fish, eggs, dairy products, whole grains, legumes.

Causes of Deficiency: Inadequate protein in the diet, severe injury or illness, intense exercise.

Symptoms of Deficiency: Wasting.

Complementary Nutrients: Overall healthful diet with adequate protein.

HOW IT WORKS:

This supplement helps to produce a balanced mixture of amino acids in the body to support healthy tissue growth and repair. The body uses amino acids to build protein, which is the main component of muscles, skin, hair, nails, eyes, and enzymes. Protein, which is composed of carbon, hydrogen, and nitrogen, is essential to forming infection-fighting antibodies, and it is also essential to growth and maintenance of all tissues. Eight amino acids are "essential"—they cannot be manufactured in the body and must be consumed. Adequate amounts of the essential amino acids should be consumed daily for optimum health.



DID YOU KNOW...

The eight essential amino acids, which cannot be synthesized by the body and must be obtained from the diet, are isoleucine, leucine, lysine, methionine, phenylalanine, threonine, tryptophan, and valine.

Amino Complex

RESEARCH:

There are numerous studies covering the positive benefits and importance of amino acids for muscle building and repair in athletes.

SIDE EFFECTS:

No side effects expected at recommended dosage.

INTERACTIONS AND SAFETY CONSIDERATIONS:

Consult a health care practitioner before using if you have any serious medical condition or are on any medications.

OTHER CONSIDERATIONS:

Do not use if you are pregnant or breastfeeding. Keep out of reach of children.

LABEL:

QUEST

MIEUX-ÊTRE

Complexe Aminé
500 mg

NPN 80005834

90 capsules

Une source d'acides aminés essentiels

Sans colorants, arômes ou agents de conservation artificiels

QUALITÉ ASSURÉE

USAGE RECOMMANDÉ : Une source d'acides aminés essentiels pour le maintien d'une bonne santé chez les personnes qui requièrent des acides aminés préformés.
Dose recommandée (adultes) : Prendre 2 capsules par jour.

INGRÉDIENTS MÉDICINAUX :
Chaque capsule contient :
Caséine hydrolysée (lait de vache) 500 mg fournissant :

Acide L-glutamique 100 mg
L-proline 30,5 mg
L-isoleucine 41 mg
L-lysine 36,5 mg
L-valine 32 mg
Acide L-aspartique 31,5 mg
L-sérine 28 mg
L-threonine 28 mg
L-isoleucine 27 mg
L-phenylalanine 22 mg
L-threonine 21,5 mg
L-arginine 18 mg
L-histidine 13,5 mg
L-alanine 13 mg
L-méthionine 12,5 mg
Glycine 12 mg
L-cystéine 1,5 mg

INGRÉDIENTS NON MÉDICINAUX :
stéarate de magnésium, gélatine.
Information sur les risques: Ne pas utiliser si vous êtes enceinte ou allaitante, à moins d'avis contraire d'un praticien de soins de santé. Consulter un praticien de soins de santé avant d'en faire l'usage si vous prenez des médicaments pour traiter l'hypertension artérielle. Ce produit ne contient pas de maïs, œuf, gluten, crustacés, soya ou sulfites.

PREMIUM QUALITY ASSURED

FRANGER DANS UN ENDROIT SEC ET FRAIS. TENIR HORS DE PORTÉE DES ENFANTS.

QUEST

WELLNESS

Amino Complex
500 mg

NPN 80005834

90 capsules

A source of essential amino acids

No artificial colours, flavours or preservatives

PREMIUM QUALITY ASSURED

RECOMMENDED USE: A source of essential amino acids for the maintenance of good health in those who require preformed amino acids.
Recommended Dose (Adults): Take 2 capsules daily.

MEDICINAL INGREDIENTS:
Each capsule contains:
Hydrolyzed Casein (cow milk) 500 mg providing:

L-glutamic acid 100 mg
L-proline 30,5 mg
L-isoleucine 41 mg
L-lysine 36,5 mg
L-valine 32 mg
L-aspartic acid 31,5 mg
L-serine 28 mg
L-threonine 28 mg
L-isoleucine 27 mg
L-phenylalanine 22 mg
L-threonine 21,5 mg
L-arginine 18 mg
L-histidine 13,5 mg
L-alanine 13 mg
L-methionine 12,5 mg
Glycine 12 mg
L-cystine 1,5 mg

NON-MEDICINAL INGREDIENTS:
Magnesium stearate, gelatin.
Risk Information: Do not use if pregnant or breastfeeding, unless on the advice of a health care practitioner. Consult a health care practitioner prior to use if you take blood pressure lowering medication. This product does not contain corn, egg, gluten, shellfish, soy or sulfites.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SEAL UNDER CAP IS BROKEN. NE PAS UTILISER SI LE SCEAU DE SÉCURITÉ SOUS LE CAPUCHON EST BRISÉ.

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A Proud Canadian Company
Une compagnie canadienne fière de l'être.

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