

# QUEST

## The QUEST portfolio will be anchored by our *Lifestages and Gender-Specific Multivitamins*

### For Kids

4 – 12 years

#### Helps Support/Maintain:

- Normal growth (thiamine) and development (niacinamide)
- Development and maintenance of bones and teeth (calcium, magnesium, vitamins A & D)
- Immune function (zinc, vitamin A)

#### Featuring:

- Buffered vitamin C helps prevent damage to tooth enamel
- No artificial colours, flavours or preservatives



### For Teen Girls

#### Helps Support/Maintain:

- Healthy skin (beta-carotene, vitamin A, zinc)
- Development and maintenance of bones and teeth (calcium, magnesium, vitamins A & D)
- Immune function (vitamin A, C, zinc)
- Red blood cell formation (iron, vitamin B12)

#### Featuring:

- 10 mg iron per capsule
- 800 IU vitamin D per capsule
- 100 mcg vitamin B12 per capsule



13 – 19 years

### For Teen Boys

#### Helps Support/Maintain:

- Healthy skin (beta-carotene, vitamin A, zinc)
- Proper muscle function (magnesium)
- Development and maintenance of bones and teeth (calcium, magnesium, vitamins A & D)
- Immune function (vitamin A, C, zinc)

#### Featuring:

- 400 IU vitamin D per capsule
- 100 mcg vitamin B12 per capsule
- 20 mg niacinamide (vitamin B3) per capsule



### For Women

#### Helps Support/Maintain:

- Healthy skin (beta-carotene, vitamin A, zinc)
- Development and maintenance of bones and teeth (calcium, magnesium, vitamins A, C & D)
- Immune function (vitamin A, zinc)
- Body metabolism of proteins/carbohydrates/fats (biotin, folate, niacinamide, pantothenic acid, thiamine, vitamins B6, B12, C, chromium, magnesium, manganese, zinc)

#### Featuring:

- 800 mg folic acid per capsule
- 800 IU vitamin D per capsule
- 25 mg vitamin B6 per capsule
- 100 mcg vitamin B12 per capsule



20 - 49 years

### For Men

#### Helps Support/Maintain:

- Proper muscle function (magnesium)
- Immune function (vitamin A, zinc)
- Body metabolism of proteins/carbohydrates/fats (biotin, folate, niacinamide, pantothenic acid, thiamine, vitamins B6, B12, C, chromium, magnesium, manganese, zinc)

#### Featuring:

- 20 mg zinc per capsule
- 500 IU vitamin D per capsule
- 15 mg vitamin B6 per capsule
- 100 mcg vitamin B12 per capsule



### For Mature Women 50+

#### Helps Support/Maintain:

- Healthy skin (beta-carotene, vitamin A, zinc)
- Bones and teeth (calcium, magnesium, vitamins A, C & D)
- Immune function (vitamin A, zinc)
- Eyesight (Vitamin A, beta-carotene)

#### Featuring:

- 900 IU vitamin D per capsule
- 100 mcg vitamin B12 per capsule
- 225 mg calcium per capsule
- Iron-free formula



50+ years

### For Mature Men 50+

#### Helps Support/Maintain:

- Proper muscle function (magnesium)
- Bones and teeth (calcium, magnesium, vitamins A, C & D)
- Immune function (vitamin A, zinc)
- Eyesight (Vitamin A, beta-carotene)

#### Featuring:

- 900 IU vitamin D per capsule
- 100 mcg selenium per capsule
- Iron-free formula



Made for you

